Kale, Red Cabbage, Carrot Slaw with creamy dressing

* Wash, spin DRY and SHRED (with knife)--Really Thin!... 6 lbs kale

DON'T FORGET TO TAKE OFF THICK STEMS :)

Black Kale look like this: Green Kale looks like this: Red Kale looks like this:

  

* Wash and SHRED (with knife)--Really Thin!...1-2 red cabbage
* Wash and GRATE (use food processor)... 15-20 carrots
* Store in large plastic container in fridge

**Dressing**

In a blender mix

3 cups mayonnaise
16 tablespoons malt, cider or rice vinegar
4 tablespoon granulated sugar
4 tablespoon light brown sugar
Salt and pepper, to taste

store in airtight container in fridge

For day of salad bar--- first thing in morning mix dressing with kale, cabbage and carrot to let marinate in fridge.

Serve with or sunflower seeds