

Mission Statements--

Who are you and What do you Stand For?

Adapted from

Andy Andrews Podcast & The 7 Habits of Highly Effective People by Stephen Covey

<https://www.andyandrews.com/personal-mission-statement/>

Creating a personal Mission Statement

A personal mission statement or personal philosophy is what you feel you would like to become in your life. It is an internal process and needs to come from the core of who you are. There are no right or wrong answers; defining your mission statement is just a way to put your purpose into words.

First let's look at some samples from other people...



Examples

My Personal Mission Statement

I inspire others with my actions but never forget the power of my voice.

I laugh at myself and help others experience joy.

I give before I receive.

I do not fear mistakes.

I create a welcoming home.

I tend my marriage.

I am open to people and opportunities.

I act on my passions.

I read and observe.

I honor my commitments.

My Personal Mission Statement

It is my mission to live a life
of honesty, integrity, and
unconditional love;

To never lose sight of what
is most important;

And to make the world a more
beautiful place through art
and my relationships with others.

- Christin Joy Johnson

FIND joy in your family.

BE a supportive wife.

STRIVE to find happiness in the world.

FOLLOW your bliss.

INSPIRE through example.

EXPLORE the world.

SERVE like He did.

STAND up, don't sit down.

LOVE the life you live.

DECORATE IT.

ACHIEVE IT.

BE IT.

LIVE IT.





Mission Statement*

My life is about learning and creating.

I will be a person whose passion to create and discover has inspired others to find their own path.

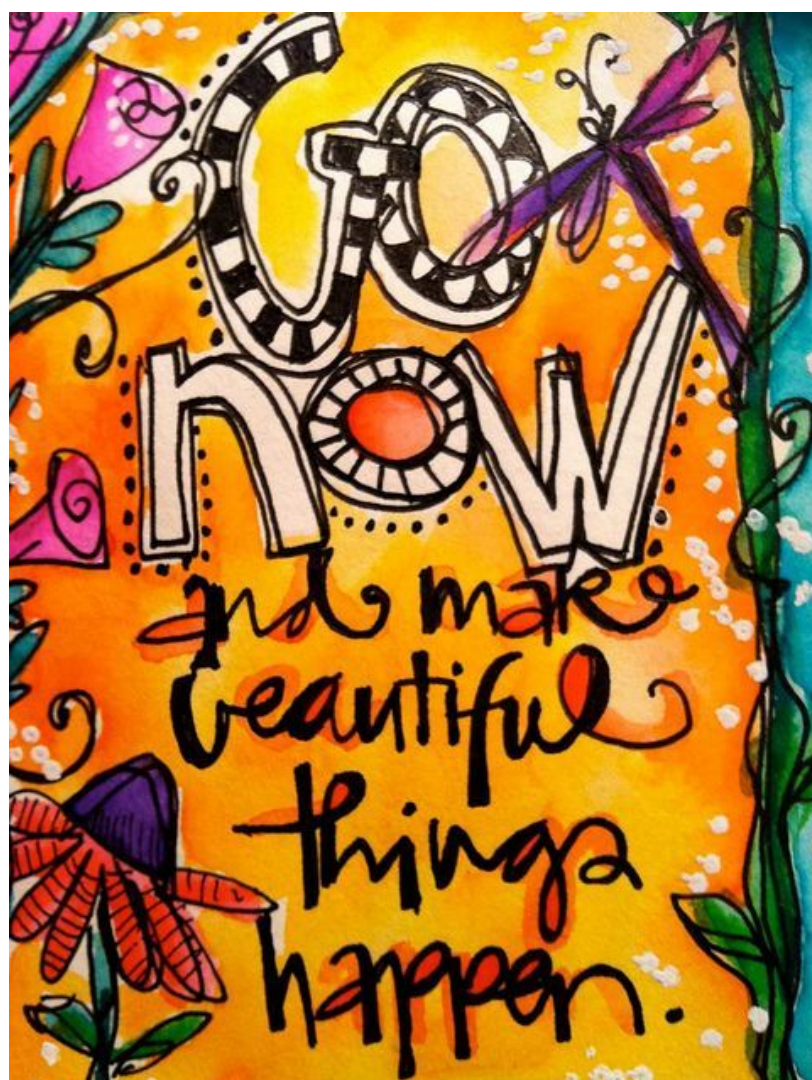
My most important future contribution to others will be self-confidence and joie de vivre.

I will constantly renew myself by focusing on the four dimensions of my life:

- A commitment to health
- Honoring nature
- Always asking questions
- Giving freely

*Subject to alteration as time passes

TO USE MY CREATIVITY ;
POSITIVITY TO BETTER THE
LIVES OF THOSE AROUND
ME ; INSPIRE OTHERS
THROUGH A QUIET &
INNER STRENGTH. ♥



NOW
and make
beautiful
things
happen.

YOU ARE AN EXPLORER.

YOUR MISSION IS TO DOCUMENT
AND OBSERVE THE WORLD
AROUND YOU AS IF YOU'VE
NEVER SEEN IT BEFORE.

TAKE NOTES. COLLECT THINGS
YOU FIND ON YOUR TRAVELS.

DOCUMENT YOUR FINDINGS.

NOTICE PATTERNS. COPY. TRACE.

FOCUS ON ONE THING AT A
TIME. RECORD WHAT YOU ARE

DRAWN TO.

A woman in a black long-sleeved top and a long, flowing orange skirt is captured in a graceful dance pose, her right arm raised and her head tilted back. She is set against a vibrant, ethereal background of a starry night sky with colorful nebulae in shades of green, blue, and purple. The overall mood is one of wonder and aspiration.

My mission in life
is not merely
to survive,
but to thrive;
and to do so with
some passion,
some compassion,
some humor,
and some style.

Maya Angelou

Sample Company Mission Statements

<https://www.pinterest.ca/pin/326088829250588335/>

Some considerations now that you have seen some samples...

- **Consider Keeping it short.** You want this to be something you can remember easily and use as you make decisions in your daily life
- **Don't forget about others.** Yes, this is a *personal* mission statement, but it should be just as much about the people you want to impact as it is about yourself. Make sure that shows.
- **Share it with the most important people in your life.** Get feedback from your friends, family, and any other important people in your life. They can provide you with invaluable insight.
- **It's OK to make changes.** As you grow and continue learning, your mission might evolve. That's natural.

Avoid these mistakes:

- Don't worry about making it perfect... a mission statement is an ongoing work in progress that changes with you.
- Don't try to make your mission statement look like everyone else's...it is yours and could take many forms: a poem, a song, a quote, a picture, words, collage... Just try to make it easy for you to remember...



Almost ready to start...

Pretty soon you are going to do two exercises to help you write your mission statement by thinking about what is important to you, what you stand for and who you want to be in your life:

1. Making your top 8 Values List
2. Answering the Great Discovery Questions

After you have those two things done you will write your mission statement.

Here are 3 ways you could do it but any way you do it is fine. It is yours.

1. The Quote Collection

Using your values and answers to the Great discovery collect 1-5 of your favourite quotes that connect with what you found out about yourself onto one sheet of paper. The sum of these quotes becomes your mission statement. For some, great quotes are very inspiring, and this is a great way to make your mission statement. Don't forget to say the authors of any quotes used.



2. The Brain Dump

After being inspired by the two exercises speed write about your mission for 15 minutes not worrying about what is coming out or doing any editing. Get all your ideas down on paper. If you get stuck, go back to your answers in the Big Discovery and your Values list. When your brain has sufficiently purged, take another 15 minutes to edit, arrange, and make sense of your brain dump. Then make it into a format to inspire you.



3. The Retreat

Plan a significant chunk of time, like an entire afternoon to go to a favourite quiet place where you can be alone. Think deeply about your life and what you want to make of it. Review your answers to the Big Discovery and values list. Look up samples of mission statements for ideas. Take your time and construct your mission statement using any method you see fit.



Exercise 1: Values List

Make your Values Top 8 list... what do you value most in life?

Do this exercise:

<http://enspireme.org/wp-content/uploads/2011/11/Core-Values-Exercise.pdf>



Exercise #2 The Great Discovery

The Great Discovery - Sean Covey.com

